

Banff Marathon 2017 Plan A - Aid / Interpretive Station Detail

Icon	Key Race Support Area	Station / Area Race Name	Distance from START	Distance to FINISH	Location
	Start	Race Start	0.00	42.20	Bow Ave at Caribou
	Railway Crossing	Railway tracks	0.60	41.60	Legacy Trail (Norquay Road) on either side of railway tracks
	Station #1	Sulphur Mountain	2.10	40.10	Vermillion Lakes Road - First pullout loop (900m from Norquay Road)
	Station #2	Vermilion Lakes	4.90	37.30	Vermillion Lakes Road - Interpretive pullout with bathroom (3.7km from Norquay Road)
	Station #3	Legacy Trail	7.75	34.45	Bow Valley Parkway - Pullout on west side of TCH overpass (200m east of Bow Valley Parkway Welcome Arch)
	Turn-Around Point	HALF MARATHON TURNAROUND	9.50	32.70	Bow Valley Parkway - approximately 1.15km west of BVP Welcome Arch
	Station #4	Backswamp	10.60	31.60	Bow Valley Parkway - Backswamp exposition area/ roadside pull out
	Station #5	Mule Shoe	13.05	29.15	Bow Valley Parkway - Mule Shoe - entrance to exposition area
	Station #6	Prescribed Burn	14.95	27.25	Bow Valley Parkway - Prescribed Burn exposition area/ roadside pull out
	Station #7	Hillsdale Meadow (not located at Hillsdale Meadow Exposition)	16.75	25.45	Bow Valley Parkway - Road Side pull out (not actual Hillsdale Meadow area or exposition area)
	Station #8	Sawback	18.55	23.65	Bow Valley Parkway - Sawback exposition area/ roadside pull out
	Turn-Around Point	MARATHON TURNAROUND	19.55	22.65	Bow Valley Parkway - 217m east of Hillsdale Split - on road/ 550m from pine Tree
	Station #8	Sawback	20.55	21.65	As above
	Station #7	Hillsdale Meadow (not located at Hillsdale Meadow Exposition)	22.35	19.85	As above
	Station #6	Prescribed Burn	24.15	18.05	As above
	Station #5	Mule Shoe	26.05	16.15	As above
	Station #4	Backswamp	28.45	13.75	As above
	Station #3	Legacy Trail	31.25	10.95	As above
	Station #2	Vermilion Lakes	34.10	8.10	As above
	Station #1	Sulphur Mountain	36.90	5.30	As above
	Railway Crossing	Railway tracks	38.40	3.80	As above
	Station #9	Railway (Pedestrian Bridge)	39.80	2.40	Pedestrian Bridge (Muskrat Side)
	Station #10	Finish (JB Harkin Station)	42.20	0.01	In the Finish Area at the Central Park Parking lot